

Thermography - Switzerland's leading tool for prevention and early detection of inflammatory processes, blockages, cancerous and pre-cancerous stages in the human body. 119 points are measured twice for a comprehensive testing from the head through the entire body. All organs, the endocrine system and lymphatic system, pulmonary system, reproductive system and cavities of your head are measured and evaluated.



Darkfield Microscopy - take a tour inside your body and look together with your practitioner at your live blood, urine, and saliva under the microscope.

On the big screen you will be able to see and analyze what your blood consists of and view any deficiencies or abnormalities that may be present.

This is a very useful tool to determine if further essential and detailed tests by our doctors are needed, it shows nutritional deficiencies, gut problems, underlying infections, autoimmune reactions and much more.



Find us at:  
210 Milton Street  
Nanaimo, BC, V9R 2K6  
Call our office for your appointment: #  
250-755-4051

Email to [reception@n-h-clinic.ca](mailto:reception@n-h-clinic.ca)

Read up on our website at  
[www.naturallyhealthyclinic.ca](http://www.naturallyhealthyclinic.ca)

Follow us on Facebook and Instagram.

Sign up for our Newsletter.

Our team works for you 7 am - 9 pm  
on Monday to Friday. Weekend  
appointments possible.  
Group events and executive  
arrangements available.

Please inquire for your custom Health -  
Wellness - Spa - Experience and receive  
advantage pricing.



Our wonderful team of doctors, therapists and wellness technicians supports your health and well-being all around.

A mix of traditional knowledge and latest technologies allows us to work quick and efficient for your best results.

Prevention and your education on health are most important to us and we appreciate your questions so that you can understand everything we talk about.

Regular seminars in our clinic offer you updates on latest news on modern and traditional medicine and therapies and as well on medical technology.

Through our blog we are constantly working on providing interesting and important information for you.

### NHC Wellness Services

Bioflex Therapeutic Lasers for chronic and acute diseases, injuries, neurological damage, wound healing



Medical Esthetic Lasers for:  
Tattoo Removal, Skin Resurfacing,  
Microdermabrasion, Skin Tightening,  
Body Shapening, Vaginal Tightening,  
Nail Fungus Laser Treatment, and more



Colon-Hydrotherapy  
Registered & Therapeutic Massages  
Footreflexology  
EWOT - Exercise with Oxygen  
Sudatonic  
Microcurrent Therapy  
Steam sauna with essential oils  
Redcord Neuromuscular Therapy  
Yoga 1x1  
Trauma Therapy, TRE  
Stress & Tension Release + Relax



Pulsed ElectroMagnetic Field  
Bowen Therapy  
Iridology, Tuning Forks  
Nutrition and Life coaching  
Brain Tap  
Access Consciousness

### NHC Health & Medical

Medical Doctors - private billing  
Naturopathic Physicians  
General Examinations



Musculo-Skeletal-Therapy  
Extensive Lab -Testing  
Specialized Therapies  
Homeopathy, Phytotherapy  
Acupuncture, Cupping  
Prescription drugs  
IV's, Injections, Infusions



Hormone Therapies  
Endocrine System Regulation  
Healthy Weight Balance  
Digestive System Regeneration  
Lyme's Disease Therapy  
Cancer Treatment  
Immune System Support  
Detox



Addiction Treatment  
Rejuvenation, Botox, Fillers  
Oxygen and Ozone Therapy  
Hyperthermia Therapy  
Neurofeedback - Biofeedback - QEEG  
Darkfield Microscopy  
Thermography 119 points screening

### NHC Spa Menue

Facials: Rejuvenation  
Extreme Regeneration Oxygen  
Cleansing and Balancing  
Microcurrent  
Deep moisturizing Skin Therapy



Rejuvenating Acupuncture  
Sudatonic deep infrared Recovery  
Restoring Pedicure  
Beauty Pedi and Manicure  
Tinting, Waxing  
Spa Relaxation Massage  
Lomi Lomi Massage  
Indian Head Massage  
Body Wraps, Body Scrubs



Group Spa specials - Group Health +  
Wellness + Spa Specials



Side by side couples / BFF Massage  
Executive Menue - combine your  
Menue picks and have two  
Practitioners simultaneously work with  
you for the ultimate Wellness  
experience.



Reiki  
Meditation  
Alpha Stim